



## San Diego Affiliate Services

The Epilepsy Foundation of San Diego County works to improve the quality of life for individuals with seizure disorders.

### Our free programs and services include:

#### Epilepsy Education for School Personnel:

- Annual School Nurse Training with Diastat administration training, updates on latest research and distribution of epilepsy first aid reference materials
- Seizure Recognition and First Aid Trainings on site at schools (for staff and parents)
- Provision of epilepsy informational materials to all school districts in territory

#### Parent and Family Support Services:

- Legal ADA advocacy
- Medical and medication information and referral
- Neurologist referral
- DMV information and advocacy
- Education information and advocacy
- Seizure dog referral
- Insurance referral and advocacy
- Transportation information
- Housing information and advocacy
- Employment and financial information and advocacy
- Provision of Seizure Action Plan for child's safety in schools
- College scholarships for students with epilepsy

#### Annual Family Networking Events:

- Sharon's Ride.Run.Walk for Epilepsy
- Epilepsy Education Seminar
- Family Education Seminar (Gingerbread Kids)
- Family Luau

#### Family Support:

- Weekly Expressive Arts Therapy Programs
- Expressive Arts Therapy Private Sessions
- Seizure Recognition and First Aid Trainings in Schools
- Individualized Education Plan (IEP) support

#### Community Partnerships:

- IEP Specialists
- Regional Center
- Developmental Disability Services (DDS), Area Board 13

### GOALS

- ❖ **Improve self-esteem and social skills of children and adults with epilepsy.**
- ❖ **Increase individual and public understanding about the potential and needs of those with epilepsy regarding education, employment, recreation and housing.**
- ❖ **Promote equal opportunity in employment and full participation in life.**
- ❖ **Increase awareness of the legal rights of persons with epilepsy.**
- ❖ **Promote prevention and early recognition of epilepsy.**